



Dundee Gymnastics Club 2K

Limited company by guarantee SC 250221

Charity Registered in Scotland SC 034466

DGC2K, 1 Davidston Cottage, Couston by Newtyle, Blairgowrie,

PH12 8UT, Scotland.

Tel: 01828 650 606

Web Site: www.dgc2k.co.uk, E-mail: paul@dgc2k.co.uk, bea@dgc2k.co.uk



Annual General Meeting

5.30-6.00 pm, Sunday 8th March 2020, 40-42 Brown Street Dundee DD1 5DT

Minutes

1. Attendance and Apologies

Attendance;

Clare Huxley Director, Chaired the meeting

Alison Bell, Director

Paul Carson, Director and Club Manager

Bea Petersen, Director and Head Coach

Rachel Scott, Director

Ainslay Swindells, Parent

Apologies; Alex Bremner Director

Various parents and coaches, not listed

2. Chair's Report - Clare Huxley Appendix I

3. Treasurer's Report and draft accounts to Jan 2020 - Paul Carson Appendix II

4. Coach's Report – Bea Petersen Appendix III

5. Appointment of Directors

Particulars of those being put forward for re-appointment as Directors at the AGM

Alison Bell and Paul Carson were retiring by rotation and put forward for re-appointment.

Alison Bell – for re-election as Director with responsibility for Fundraising

Address: 27 Canisp Crescent, Dundee DD2 4TP

Other Directorships: None

DOB: 1/12/1967

Nationality: British

Paul Carson – for re-election as Director with responsibility for Club Management

Address: 2 Pitempton Road, Dundee, DD3 9EJ

Other Directorships: Shure Electronics Ltd

DOB: 28/03/1960

Nationality: British

The vacancies were not filled at the meeting so Alison Bell and Paul Carson are deemed to have been re-appointed.

Current Directors

Alison Bell, Fundraising re-elected AGM 2020

Alexander Bremner, General, elected AGM 2017

Paul Carson, Club Manager, re-elected AGM 2020

Clare Huxley, Grants and Awards, re-elected AGM 2018

Bea Petersen, Coaching, re-elected AGM 2018

Rachel Scott, General, elected AGM 2017

6. End of Meeting



Directors : Chair Clare Huxley
B. Petersen, A. Bell, P. Carson,
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Appendix I Chairperson's Report AGM 7 March 2020

I want to take this opportunity to talk a little about the club, because often members don't have a clear idea of what we are and how we run.

We're a charity, registered with OSCR and also a company limited by guarantee and affiliated to Scottish Gymnastics.

A charity means that we are run for the benefit of the members and any operational profits are fed straight back into the club.

The Directors carry out their directors duties unpaid, however, they can be paid as coaches, or for other services to the club such as administration, in which case they are employees of the club as well. The remunerated Directors are myself for administration, Bea Petersen as Head Coach and Paul Carson as Club manager.

The purpose of the Club is to provide gymnastics training for the benefit of the people of Dundee in the interest of social welfare.

We're a big club now with a turn over of £378K, 23 regular coaches and over 600 gymnasts.

Paul Carson will go through the most recent accounts to end January 2020 in the Treasurer's Report.

While running such a large club, we have maintained excellent competitive results and I'll Bea Petersen will take you through these in her Head Coache's Report.

Clare Huxley
Chairperson of the Directors



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Appendix II Treasurer's Report

A

Paul Carson
Treasurer



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Appendix III Coach's Report Dundee Gymnastics Club 2k

Our team of coaches:

Our coaches attended important coaching courses and gained experience.

Jennifer Brankin, Hayley Bell, Rosa Holm-Huxley and Shelby Campbell have all moved on to level 2 and all passed!

The new level 1s are: Tia Knox, Lucy Stein, Natalie Young and Jennifer in WAG

Kirsty Campbell and Megan Forbes both passed the level 3 theory and attended the level 4 course. This was difficult and needed a lot of work and I am very proud of them.

Paul Carson and Ivan Plyusch attended tumble level 3 modules (Paul has already passed those) and level 3 theory.

Results:

MAG:

2019 turned out to be the most successful year for the boys.

In 2019 the boys won 6 gold medals 4 silver and 2 bronze between Darach, Calvin and Ethan in Scottish Grades and London Open.

Calvin represented the country at British Finals where the Scottish team finished 4th out of 12 regions. This was the 2nd year in a row DGC2k boys represented Scotland.

Darach got selected for Scottish squads and became the first to be selected and to represent our club at the elite level on the boys' side.

We have also started the wee boys group in August 2019 moving them straight from pre-school to pre-comp group.

My goal is to start producing more confident gymnasts from a younger age. It allows them to feel ahead of their time which makes performance and other aspects of life just a bit more enjoyable.

Tumble:

The level of difficulty in the tumble section is clearly rising.

Last year, Tumble performance competed in 7 competitions, from friendly's to Nationals.

There was also 2 tumblers in Tumble PPP

At Regional Qualifiers 9 DGC2k tumblers qualified and 2 were reserves for the British Regional Team Final

Most remarkably our team won the FIG development section at the Scottish Team Championships and came 3rd overall out of 10 clubs.

Altogether 14 tumblers qualified for the Scottish championships where they won 2 categories:
NDP level 3 and FIG Development

Oran McCafferty started to make a name for himself when he won gold in the British regional team finals and also in the British NDP individual competition.

Sandy Robb improved dramatically. He competed his first FIG competition in December in Durham and won Gold. Sandy has also been selected to be part of the Scottish Tumble NPP (National Performance Programme) Floor and Vault:



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Floor and Vault:

Last year we had a change of coaches in the Floor and Vault section. Jordan Moyes and Shelby coached the group and participated in a number of friendly competitions where the girls won a few medals. In November Jordan left the club to move on and Magda took back the reigns. She has been focussing on teaching some new and more difficult skills which has been largely successful.

In 2020 there will be more competitions and also some testing which Magda will implement, in line with other performance sections of the club.

WAG:

The first competition of the year is always the Scottish Championships, an early highlight of the competition calendar.

We had 4 seniors and one junior forming our team which won the bronze medal.

Emily Bremner was stunning and very focussed to also win silver AA, on beam and on vault. Emily and Rosa Holm-Huxley qualified in first and second on bars with both their personal bests.

Emily went on from there to the British senior FIG Championships and finished in a fantastic 13th place.

The Scottish Champs are always closely followed by the grades. Here we had a total of 11 distinctions and 11 medals. Hannah Blakeman (2 AA Nat 1), Lucy Wiseman (2 AA Nat 2), Brooke Murphy (4 AA Nat 2) and Eve Bremner (3 AA Nat 3) all qualified to represent Scotland at the British Grades Finals.

Rowan Davidson (C3), Emily Chen (C4), Hannah Robertson, Lucy Tenbruck, Evie Duguid and Jessica Banks (all C5) all passed their compulsory grades.

In June we went on a trip to Switzerland, Zurich, where a group of our girls competed in the Uster Cup. Everybody had a great time and showed excellent performances. Ruby Scott even won the silver medal AA.

In the voluntary competitions in autumn 2019 our gymnasts won a total of 10 medals, 8 of them in 'in age' competitions. Orla Stirton also qualified for British Finals which brought our total number of gymnasts competing for their country to 5.

Altogether it has been a very successful year. So much so that I felt I couldn't mention everyone who won a medal for fear of boring the membership (you'll find a list below though).

I am extremely proud both of the team of coaches that made this success happen and of course of the gymnasts who worked so hard and competed with such confidence and determination to achieve all these marvellous results.

Last year has seen a big change at our Brown Street Gym.

After Jordan and Willie Moyes moved on Louise Carson took over the lead for our recreational classes. The team of coaches at Brown Street are doing a brilliant job providing fun based classes for hundreds of children.

Louise introduced weekly progressive lesson plans and individualised home programmes for those who wish to work a little harder and to progress further.

The British Gymnastics proficiency awards are going to be run again, starting in a couple of months' time. These awards are fantastic to show progress and provide motivation to persist trying when things don't work immediately.

I would like to take the opportunity to thank all our coaches for their commitment and hard work and also for their creative thinking, their enthusiasm and their patience – not only with the children in their care but also with me... A big thanks also goes to our directors and to Clare Huxley who holds everything together.



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WAG medals:

Scottish Championships:

Team (Hayley Bell, Rosa Holm-Huxley, Emily Bremner, Olivia Young, Hannah Blakeman) 3rd

Seniors: Emily Bremner 2nd AA, 2nd vault, 2nd beam

Grades:

Regional Grade 3: Eve Falconer 3rd Range and Conditioning

National Grade 1: Hannah Blakeman 3rd AA, 1st vault and floor, 2nd beam

National Grade 2: Lucy Wiseman 2nd AA, 1st bars, Brooke Murphy 2nd floor

National Grade 3: Eve Bremner 3rd AA, 1st vault, 3rd bars and beam

Compulsory Grade 5: Hannah Robertson 3rd vault

Level 4 team: Maisie McKenzie 3rd beam

Level 6 in age: Maya Sardar 2nd AA

Level 5 in age: Hannah Robertson 3rd vault and floor, Evie Duguid 3rd bars

Level 4 in age: Maisie McKenzie 3rd vault

Level 3 in age: Orla Stirton 3rd beam, Rowan Davidson 1st floor

Level 5 9yrs: Sienna Reid 2nd floor



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