

Dundee Gymnastics Club 2K

Limited company by guarantee SC 250221
Charity Registered in Scotland SC 034466

DGC2k, Davidson Cottage, Couston by Newtyle, Blairgowrie,
PH12 8UT, Scotland.

Tel: 01828 650 606

Web Site: www.dgc2k.co.uk

11th Annual General Meeting

The Friary, Tullideph Road, Dundee DD2 2PN

6pm, Sunday 28th September, 2014

1. Chairperson's Welcome

Richard McCready welcomed everyone to the meeting.

2. Attendance

Derek Duncan (Davyn and Dayna Duncan)
Sarah Duncan (Devyn and Dayna Duncan)
Myrina Rossi (Niamh Rossi)
Michelle Rossi (Niamh Rossi)
Louise Rodger (Nina Rodger)
Jenny Walton (Grace Rohde)
Vicky Lothian (Jess and Madeleine Lothian)
Rachel Inatimr (Leila Inatimr)
Megan Forbes; Coach
Louise Carson; Coach
Jordan Archibald; Coach
Sonia Jordan (Hannah Jordan)
Joanne Mills (Amy Mills)
Denise Norrie (Sophie Norrie)
Michael Hain (Sophie Norrie)
Lesley Scott (Elspeth Scott)
Angela Farningham (Bex Farningham)
Lynsey Mollison (Bethany and Hannah Moss)
Alison Boath (Aimée Boath)
J Moran (Alisha Moran); Coach
L Moran (Karynn Moran)
Juliet Chow (Jasmine Chow)
Rachel Scott (Ruby Scott)
Susanne Christie (Jodie Christie)
Karen Clayton (Trinity and Tamsin Clayton)
Amanda Murphy (Kieran Murphy)
Kirsty Campbell
Carol Smith
Colin Blakeman (Hannah Blakeman)
Fiona Blakeman; Coach
Helen Sellarajah (Rose Sellarajah)
Lisa and Drew Gilligan (Alix Gilligan)
Martin and Elaine Ritchie (Ruby Ritchie)
Nicola Winter (Caitlin Winter)
Gaynor Caswell (Aimee-Lea Davis)

Ruth Brougham (Charlie Scott)
Andrew Scott (Georgie Scott)
Kerry Law (Nyla and Lola Law)
Alison Martin (Amelie Martin)
Mark Bruce (Alyvia Bruce)
Ivan Plyusch; Coach
Caroline Henderson (Jennifer Brankin)
Jayne Samson (Sofia and Maia Ramzan); Coach
Melanie Barron (Faithe and Fawne); Coach
Lisa Miller (Sophie Miller)
Jacqueline Archibald
Paul Carson; Club Manager
Bea Petersen; Head Coach
Richard McCready (Marianne); Chair
Alison Bell (Hayely Bell); Director
Clare Huxley (Rosa Holm-Huxley); Director
Drew Duffy (Faithe and Fawne); Director

3. Apologies

Caroline McAuley (Caitlin McAuley); Director
Conrad Murray (Alex Murray)
Nicky Schembri (mum of Ella Schembri)
Lynne Miller (Callidh miller)
John & Franziska Toma (Josias Toma)
Karen Steven (Grace Wilken)
Sarah Wiseman
Allison Wylie
Clare Craig (Anna Craig)
Wendy Gordon (Lindsay Gordon)
Donna Marie Gilligan
Jill Finlay
Donna Millar (Lyll, Dan & Olivia)
Laura McDonald (Abbie)
Shona McKenzie (Sarah McKenzie)
Antonia Knox (Tia) not till 7pm
Julie Hutton (Ruby Hutton) will be late

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4. **Chairperson's Report** -Richard McCready See Appendix I
5. **Treasurer's Report** - Paul Carson See Appendix II
6. **Fundraising Report** - Alison Bell See Appendix III
7. **Grants and Awards Report** - Clare Huxley Appendix IV
8. **Coach's Report** – Bea Petersen See Appendix V
9. **Appointment of Directors**

Paul Carson, Clare Huxley, Bea Petersen, and Jacqueline Archibald were all re-appointed/appointed Directors.

10. **Any Notified Competent Business**

Those present were invited to put themselves forward as coaches and to make nominations of Directors by contacting the current Directors.

11. **Club Gymnast Awards**

Awards were presented to Gymnasts as listed in Appendix VI

12. **One on one with coaches and Tea and Coffee**

13. **Closure 8pm**

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Appendix I

DGC2k Chairman's Report

AGM 28th September 2014

Dundee Gymnastics Club 2K has had another great year in 2014. The Club has continued to expand rapidly and now has 180 gymnasts in a range of classes including Development, Performance Women's Artistic, Floor and Vault, Power Tumble, Rhythmic and Adult and this expansion will continue over the coming year.

There have also been excellent results in high-level competitions including winning the Gordon Foster Team Competition in November 2013, winning the Main Draw in Hamburg in November 2013, 4 medallists at the Scottish Tumble Championships, 13 medals at the Scottish Gymnastics Championships in February 2014 including Team Gold, winning Team of the year at the Dundee Sports Awards in February, winning Young Sports Personality of the Year at the Angus Sports Awards, 4 members competing for Scotland in the Celtic Cup in April 2014, and we had a Medalist at the British Tumble Finals. There were numerous other successes which I can't list here but which are every bit as important to the individual gymnasts and their coaches. Results can be viewed on the web site

The Club also organised a number of group trips to competitions including Hamburg and Manchester, a Summer Camp including a group of visiting Germans and a Club BBQ which was attended by about 150 of you.

I would like to thank all the parents of gymnasts for their continued support of their children including the driving to and from sessions and encouragement at competitions. Also all the coaches who have put in such a lot of time and effort into helping the gymnasts achieve their very best. And of course all the gymnasts for being prepared to train week in week out.

Richard McCready

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Appendix II

DGC2k Treasurer's Report

AGM 28th September 2014

The McTaggart Gymnastics centre is now one and a half years old – we moved in February 2013. At the same time as moving into the McTaggart, we also started paying most of the coaches (before, they were voluntary) and the club expanded rapidly from just 60 gymnasts to 160 with the introduction of the Development classes, Floor and Vault, and most recently Gym Stars and Rhythmic Gymnastics.

The accounts which we are presenting are Jan 2013 to Jan 2014 and cover this period of moving into the McTaggart and the rapid increase in size. There has been a considerable increase in hall fees due to moving into the McTaggart, and due to increased hours, coming to a staggering £26,446. Payments to our 12 coaches, 4 of whom are full time, 8 part time totaling £71,706. We need to keep our coaches up to date in skills as well as judging. New & experienced coaches get the chance to develop through UKCC courses and last year we spent £1000.00 on these. Although some of this is covered by Grants from SportDundee. The rest is covered by your monthly fees.

On a total expenditure of £114,230 there was the loss of £7,834 over the year, which was covered by our reserves that we had built up in readiness for the move and knowing that we would take time to build up our new membership numbers to cover costs.

We have been working hard to increase our income from increased membership to meet the costs. Since January we have introduced new classes including Rhythmic, Gym Stars and Entry level, and Pre-school will start soon to further increase the membership. However, the charging for the Dick McTaggart increased in August and training courses for coaches will be about £3,500 in the coming year.

There will therefore have to be an increase in fees for next year, which will come into effect 1st February 2015. The last increase in fees was 2009. This will be a minimal amount of between £5.00 & £10.00 on monthly fees which is still great value.

Performance from £100.00 to £110.00

Development from £50.00 to £55.00

F&V & Performance tumble from £60 to £65.00

Gym Stars from £30.00 to £35.00

There will also be an increase in the annual membership fee from £5 to £10.00 which will come into effect 1st February 2015. This covers administrative costs such as the Independent accountant's fees, computers, software etc., and we will claim back gift aid on this, hence new membership forms which will include a gift aid section. Anyone who is paying the basic rate of tax (or the higher rate), should please sign the gift aid section so that we can claim 20% back from HMRC. It costs you nothing, as it is effectively us claiming back tax you have paid.

Paul Carson, Treasurer

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Appendix III

Fundraising Report AGM 28th September 2014

2014		
Jan	Web Shop commission	203.05
Feb	Rag Bag	91.00
Feb	Donations from Quiz Night	34.00
Apr	Easter Chocoholics	27.45
July	Rag Bag	68.30
Aug	Club BBQ (raffle)	227.00
Sept	Rag Bag	21.00
Nov	Bag Pack	
Dec	Club champs (entry, leotard sale, raffle etc)	
Dec	Chocoholics sales commission	
Dec	Smartie tube fundraiser	
	Total	671.80

Alison Bell

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Appendix IV

Grants and Awards Report

AGM 28th September 2014

QMS - Quality Meat Scotland. Awarded 8th April.

A £500 bursary to buy equipment for the club – rhythmic gymnastics, bar pad and Beam pad.

Celebrate – Big Lottery Fund. Awarded 6 May 2014.

£2,530 to run a Celebrate Summer Camp and Club BBQ. The Summer Camp was run between 10th and 20th August 2014 with 19 Performance Gymnasts and 14 visiting Germans. We charged £20 to the Dundee girls and the Summer Camp came out exactly on cost and included 4 coaches for 43 hours of coaching. The grant included £500 for a BBQ. 150 people bought tickets for the BBQ and the grant and the tickets combined completely covered all the costs of the BBQ; the hire of the gardens, Marquee and BBQs, food, rosettes, sacks etc. The £200 from the raffle went into club fundraising. Thanks to all the parents who helped host the German visitors, including housing them, feeding them, participating in the trips and social events.

Sport Dundee Grants – these pay 50% of the cost of courses for coaches

WA Club judges – Megan Forbes, Jayne Samson, Lesley Moran

January 2014. To compete in a competition, the club needs to provide judges or is fined. It also helps the coaches tremendously to understand the judging.

£225 received March 2014 - £75 for each course.

WA Level 2 - Megan Forbes, Madgalena Domagalska, Karen Clayton

March 2014. Level 2 allows coaches to hold sessions by themselves rather than being an assistant coach with someone more senior.

£390 received 15th September 2014, £130 per course.

WA Level 1 - Fiona Blakeman, Tayla Ruddy

March 2014. Level 1 allows coaches to be an assistant coach.

Expect £150 for each, haven't received yet.

Tumble Level 2 - Laura Blakeman, James Moran

March 2014. Level 2 in Tumble allows these coaches to take sessions by themselves.

£260 received 15th September.

First Aid Course – Louise and Mel

26th April 2014. Very important to have coaches who have been on a First Aid Course.

£70 received 2 Sept 2014.

Club Management – Paul Carson

May 2014.

£125 received 15th September 2014.

UKCC Level 1 - Jordan Archibald, Ivan Plyusch, John McCallam

August 2014. Waiting to see whether these have been awarded.

£4,400 total in Grants and Awards.



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Coach's Report

AGM 28th September 2014

It was the year of the Commonwealth Games. The home games and two seniors from Dundee with a chance of making the team. I guess it really was a big deal and for a few months Kirsty's and Jordan's fitness and performance became most important. In the end selection remained elusive but I believe we all learned a lot in the process. Kirsty was first reserve to the team and I have to admit I really felt for her. Of course it was amazing and something to be proud of, for sure, but it just wasn't enough really to be part of it.

Both girls, Jordan and Kirsty have had a terrifically successful career. They represented their country every year over 10 years and both made apparatus finals at British Championships. Both won apparatus final medals at UK School Games and both allowed me to learn every new skill with them. Without them I would not be able to coach the current generation of gymnasts as well or help the other coaches in club as much. Consequently we all owe them a huge big thank you! At this point photo books were presented to Jordan and Kirsty.

I am immensely proud to be the head coach in a team of coaches that learns faster than I ever imagined possible, in a club with gymnasts who have such strong desire to become the best that they can be that they teach me a wee lesson from time to time.

In February 2013 we moved into the McTaggart Centre. We had 2 experienced coaches (Paul and me) and a group of enthusiastic and reliable level 1 coaches. Beginners in other words. I am exaggerating a little bit for effect. Lisa and Lucie still helped us for a while before their family planning made them unavailable for us.

However, I was convinced that I would have to be extremely patient and wait for years for medal success and selections for national squads and teams. Well, it turned out to happen a lot faster. In both sections, tumble and WAG the coaches have learned so quickly that we have had an outstanding year. Looking around in the gym during training sessions I see so much good practice and so many sound performances from gymnasts of all ages, in all our sections.

Now, obviously, the success didn't come easily. We had to adapt, change and firefight all the time and I know that some of you patient parents must have thought we lost the plot...luckily we haven't. We just had to find solutions for problems a lot. I am convinced that if we had not been so flexible we would not have been able to raise the standard of coaching as much as we did. Thank you parents for your trust in us. Please be assured that we make even the weirdest decisions (like constructing a training group of 12 gymnasts...) because they are part of a plan which will result in a better club. Over there you'll be able to see all our medal winners. I feel happy about the range of disciplines and ages on this list because it shows that the quality of coaching goes far beyond the 2 experienced coaches whom we started out with when we moved to the McTaggart Centre.

And there is one other ingredient in this recipe for success that I would like to share with you. It's the willingness from all the coaches to do that bit more...e.g. Mel sits for hours at night finding and cutting music, Louise looks after our waiting list and allocates spaces per email. Jordan has already made up her first floor routine and Paul has helped nearly every gymnast in the club with a tumble issue. And there is much more because it's a mind set and a commitment. I can only applaud it.

Before I finish I would just like to mention and congratulate the gymnasts who competed for Scotland: Iona Birse and John McCallum in tumble (Dayna Duncan was selected but unable to compete) and Kirsty Campbell, Rosa Holm-Huxley, Hayley Bell, Sarah McKenzie and our most successful gymnast this year, Sofia Ramzan in WAG. Well done gymnasts!

I would like to take the opportunity to thank the whole team of coaches for their extraordinary efforts and commitment and also our directors for the massive support they are giving to the club all the time.

Bea Petersen

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Appendix VI

Gymnasts' Prizes awarded at the DGC2K AGM 28 September 2014

Winner and runners up;

Best Team Player

Winner; Tia Wilson

Sofia Ramzan

Ruby Scott

Hayley Bell

Hannah Jordan

Most Courageous

Winner; Sofia Ramzan

Kieran Murphy

Reece Livie

Rosa Holm-Huxley

Bex Farningham

Ava Paul

Most Graceful

Winner; Jennifer Brankin

Leila Inatimi

Maia Ramzan

Faithe Duffy

Most Improved

Winner; Bex Farningham

Sofia Ramzan

Caitlin McAuley

Kieran Murphy

Most Persevering

Winner; Rosa Holm-Huxley

Sophie Miller

Andrew Watson

Sophie Norrie

Most Positive Personality

Winner; Jodie Christie

Piper Uribe

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Ruby Scott

Kieran Murphy

Iona Birse

Nina Rodger

Best Team Player (Development)

Winner; Elle Hamilton

Addison Conroy

Roxanne Malcolm

Biggest Personality (Development)

Winner; Ella Shembri

Ruby Ritchie

Madeleine Lothian

Most Courageous (Development)

Winner; Callum Reddick

Ava Tinley

Calvin Graves

Most Improved (Development)

Winner; Kate Hancock

Olivia Millar

Faithe Milne

Sarah Jane Fleming

Most Persevering (Development)

Winner; Rowan Davidson

Caitlin Winter

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